

Wanting Healthy Relationships?

with self --- partner --- family --- friends --- work

Co-Dependents Anonymous (CoDA) is a worldwide Fellowship of groups of people who share the common purpose of learning how to develop and maintain healthy and fulfilling relationships.

CoDA is an anonymous Twelve Step program, so your privacy is protected. Its' program is based on an adapted version of the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. As such, it is a spiritual program, not a religious one. It is a non-profit organization, there are no fees for membership, each group is fully self-supporting by voluntary donations from its members.

Local CoDA Meeting

For information about CoDA meetings in Canada:

Visit: www.codacanada.ca

or call: 1-604-239-1042 (10 am – 9 pm EASTERN)

English/Français