

CoDA Canada Online Meetings Schedule - Updated April 9, 2026

Invalid Meeting Info? Email webmaster@codacanada.ca

CANADIAN TIME ZONES - DAYLIGHT SAVING TIME - SUNDAY, MARCH 8, 2026 - SUNDAY, NOVEMBER 1, 2026

DAY	PROVINCE	PACIFIC (BC)	MOUNTAIN & CENTRAL STANDAND (AB & SK)	CENTRAL DAYLIGHT (MB)	EASTERN (ON & QC)	ATLANTIC (NB, NS, PE) For NL/LAB add a 1/2 hr	TYPE	MEETING ID	PASSWORD / PASSCODE / EMAIL / NOTE	LINK
SUNDAY										
Daily	ON	6:00 am	7:00 am	8:00 am	9:00 am	10:00 am	OPEN	557 840 2815	0000	★
Sunday	ON	9:00 am	10:00 am	11:00 am	12 noon	1:00 pm	OPEN	895 1694 0597	930525	★
Sunday	NB	11:30 am	12:30 pm	1:30 pm	2:30 pm	3:30 pm	OPEN	823 0852 3799		★
Sunday	ON	3:00 pm	4:00 pm	5:00 pm	6:00 pm	7:00 pm	OPEN	email for info	sundayeveningcodatoronto@gmail.com	
Sunday	BC	7:00 pm	8:00 pm	9:00 pm	10:00 pm	11:00 pm	OPEN	710 975 6169	coda	★
MONDAY										
Daily	ON	6:00 am	7:00 am	8:00 am	9:00 am	10:00 am	OPEN	557 840 2815	0000	★
Monday	ON	6:30 am	7:30 am	8:30 am	9:30 am	10:30 am	OPEN	833 3180 3576	272322	★
Monday	ON	4:00 pm	5:00 pm	6:00 pm	7:00 pm	8:00 pm	OPEN	460 679 945	924078	★
Monday	ON	5:00 pm	6:00 pm	7:00 pm	8:00 pm	9:00 pm	OPEN	824 226 822		★
Monday	SK	6:30 pm	7:30 pm	8:30 pm	9:30 pm	10:30 pm	OPEN	838 3013 5526	634236 / VIDEO ON WHEN SHARING	★
Monday	SK	6:30 pm	7:30 pm	8:30 pm	9:30 pm	10:30 pm	OPEN	475 426 058	082636	★
TUESDAY										
Daily	ON	6:00 am	7:00 am	8:00 am	9:00 am	10:00 am	OPEN	557 840 2815	0000	★
Tuesday	BC	12 noon	1:00 pm	2:00 pm	3:00 pm	4:00 pm	OPEN	920 980 6258	xH7mhX	★
Tuesday	NS	2:00 pm	3:00 pm	4:00 pm	5:00 pm	6:00 pm	OPEN	860 2652 5259	306553	★
Tuesday	QC	4:00 pm	5:00 pm	6:00 pm	7:00 pm	8:00 pm	WOMEN/NON-BINARY	844 1068 5162	067395	★
Tuesday	ON	4:30 pm	5:30 pm	6:30 pm	7:30 pm	8:30 pm	OPEN	374 284 756	healing	★
Tuesday	AB	6:30 pm	7:30 pm	8:30 pm	9:30 pm	10:30 pm	WOMEN	email for info	shodawodacoda1@gmail.com	
WEDNESDAY										
Daily	ON	6:00 am	7:00 am	8:00 am	9:00 am	10:00 am	OPEN	557 840 2815	0000	★
Wednesday	ON	6:30 am	7:30 am	8:30 am	9:30 am	10:30 am	OPEN	833 3180 3576	272322	★
Wednesday	ON	4:00 pm	5:00 pm	6:00 pm	7:00 pm	8:00 pm	OPEN	email for info	CoDALivingThePromises@gmail.com	
Wednesday	ON	4:30 pm	5:30 pm	6:30 pm	7:30 pm	8:30 pm	OPEN	949 326 4948	12	★
Wednesday	ON	6:00 pm	7:00 pm	8:00 pm	9:00 pm	10:00 pm	OPEN	895 1694 0597	930525	★
Wednesday	AB	6:00 pm	7:00 pm	8:00 pm	9:00 pm	10:00 pm	OPEN	827 1679 6415	908370	★
Wednesday	BC	6:30 pm	7:30 pm	8:30 pm	9:30 pm	10:30 pm	WOMEN	860 5802 2889	0477	★
Wednesday	BC	7:30 pm	8:30 pm	9:30 pm	10:30 pm	11:30 pm	OPEN	225 334 0570	Coda2023	★

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Wednesday	BC	8:00 pm	9:00 pm	10:00 pm	11:00 pm	12 midnight	OPEN	685 6187 8707	no password	★
THURSDAY										
Daily	ON	6:00 am	7:00 am	8:00 am	9:00 am	10:00 am	OPEN	557 840 2815	0000	★
Thursday	ON HOLD	9:00 am	10:00 am	11:00 am	12 noon	1:00 pm	OPEN	830 1454 4358	613613	★
Thursday	BC	12 noon	1:00 pm	2:00 pm	3:00 pm	4:00 pm	OPEN	838 4381 4775	137072	★
Thursday	QC	4:00 pm	5:00 pm	6:00 pm	7:00 pm	8:00 pm	OPEN / FRENCH	826 1398 5309	436442	★
Thursday	MB	5:00 pm	6:00 pm	7:00 pm	8:00 pm	9:00 pm	OPEN	816 5427 9228	633123	★
Wednesday	AB	6:00 pm	7:00 pm	8:00 pm	9:00 pm	10:00 pm	WOMEN	920 980 6258	xH7mhX	★
Thursday	ON HOLD	6:30 pm	7:30 pm	8:30 pm	9:30 pm	10:30 pm	OPEN	475 426 058	082636	★
Thursday	AB	6:30 pm	7:30 pm	8:30 pm	9:30 pm	10:30 pm	OPEN	email for info	cfgsecretary@gmail.com / NO ZOOM MEETING ON THE 4TH THURSDAY OF THE MONTH	
Thursday	BC	7:00 pm	8:00 pm	9:00 pm	10:00 pm	11:00 pm	WOMEN	892 4698 0079	coda2025	★
FRIDAY										
Daily	ON	6:00 am	7:00 am	8:00 am	9:00 am	10:00 am	OPEN	557 840 2815	0000	★
Friday	ON	6:30 am	7:30 am	8:30 am	9:30 am	10:30 am	OPEN	833 3180 3576	272322	★
Friday	ON	11:30 am	12:30 pm	1:30 pm	2:30 pm	3:30 pm	OPEN / BEGINNER	721 0156 2242	772634	★
SATURDAY										
Saturday	ON	4:00 am	5:00 am	6:00 am	7:00 am	8:00 am	CLOSED, IAC*	868 3145 6250	630 / NO VIDEO	★
Daily	ON	6:00 am	7:00 am	8:00 am	9:00 am	10:00 am	OPEN	557 840 2815	0000	★
Saturday	ON	6:00 am	7:00 am	8:00 am	9:00 am	10:00 am	OPEN / FARSI	N/A	Platform: Free Conference Call - access code 5253761	★
Saturday	AB	8:00 am	9:00 am	10:00 am	11:00 am	12 noon	CLOSED, IAC*	email for info	calgarysaturdaycoda@gmail.com	
Saturday	BC	10:00 am	11:00 am	12 noon	1:00 pm	2:00 pm	OPEN	863 8877 4941	893599	★
Saturday	SK	1:00 pm	2:00 pm	3:00 pm	4:00 pm	5:00 pm		475 426 058	082636	★

*CLOSED, IAC = CLOSED, IDENTIFYING AS CO-DEPENDENT